



National Nurses Month 2020

Thank You Nurses!

Thank you Rachel!



Rachel Peladeu | Registered Nurse 2 CC | Vanderbilt University Medical Center

Nominated by: Anna Gallion

“I was nervous to have my baby. I was nervous to show up at my own place of work as a patient instead of being the nurse. I have never been on the other side before-how do those beds feel on my own back? What does IV placement feel like on the other side? I had so many questions. Even more so, I had never had a baby before and was only relying on my nursing education for the next 24 hours of labor and delivery. But I didn't have to rely on myself-because Rachel was there with her expertise and skills ready for me!

Nurses don't nurse for the credit. It's not who we are. But the truth is that Rachel Peladeu does amazing things every day regardless of anyone noticing, and she deserves the credit. The little things that can lead a hospital experience down the wrong path were caught by Rachel. She noticed that my epidural had failed. She noticed my IV failed. She quickly addressed each with a calming reassurance. She made sure I was comfortable when I didn't want to say that I was uncomfortable. She skillfully made my embarrassment unnecessary and made me feel comfortable in every way she could.

She headed my plea to not treat my husband and I like nurses (my husband is also a nurse), but the patient and family. I have very little experience in labor and delivery, and nursing is highly specialized, each area of nursing has specific education, policies, and procedures-she put us at ease by teaching us as we went through the day. She told me

what she was going to do and coached me through every single action. She did the same thing for other providers that had forgotten to explain what was happening. This is shockingly forgotten by medical professionals-but not by Rachel. Rachel is one of the best nurses I know for this very thing. It made me feel in control and gave me the understanding to continue to have confidence in her and the other skilled medical professionals there that day.

Of course, I don't remember everything about the experience. But I remember that Rachel knew exactly what was happening and that if something went wrong, we would meet it together. She gave me confidence to deliver this baby that I didn't have without her being my nurse.

I do remember the pain, and that every bit of pain was removed when I had my little redheaded baby in my arms! I thank you for my healthy baby, the one I have waited for so long. I am thankful for you, Rachel! You are exceptional.

We don't nurse for awards. We don't nurse for ourselves. We do it for others. But sometimes, it can also be for one of our own. I am so thankful to be able to rely on you, Rachel, when I needed it the most!"

— Anna Gallion

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