



Hospital Name: \_\_\_\_\_  
Email Address: \_\_\_\_\_

Your Name: \_\_\_\_\_  
Phone Number: \_\_\_\_\_

The Postpartum Contraceptive Access Initiative (PCAI) works to ensure all women have access to the full range of postpartum contraceptive methods before leaving the hospital after delivery. Below is a list of available training options supporting immediate postpartum (IPP) long-acting reversible contraception (LARC) implementation. Each training lasts between 60 and 90 minutes. Please score each option using the scale below based on your hospital's needs.

Scoring: 0 – Training not needed 1 – Training needed, but not a priority 2 – Training needed 3 – Training is an urgent need

### OPTION 1: Building Capacity to Implement Immediate Postpartum LARC

Effectively implementing IPP LARC in the inpatient setting is a complex process involving collaboration across several departments. [Evidence-based research](#) shows that it is critical to set the stage for implementation before onsite training occurs, which involves a multidisciplinary approach and interdepartmental leadership. This session discusses up-to-date research and best practices on IPP LARC implementation to build capacity for implementation at your hospital. An additional remote training opportunity is available for pharmacy. **Potential audience:** key clinical and administrative staff who will provide interdepartmental leadership in implementing IPP LARC at your hospital.

Score \_\_\_\_\_

### OPTION 2: Immediate Postpartum LARC for Clinicians Doing Deliveries

Using a didactic lecture and a hands-on insertion simulation using a postpartum uterus model, a clinical expert will provide a clinical overview of IPP LARC and teach providers to insert post-placental IUDs. This session includes discussions of method efficacy and safety, shared-decision making during contraceptive counseling, and cultural competence. **Potential audience:** any clinicians doing deliveries at your hospital.

Score \_\_\_\_\_

### OPTION 3: Revenue Cycle for Immediate Postpartum LARC Services

The ability to correctly code, bill, and get reimbursed for IPP LARC is crucial for sustainable implementation. In this session, a revenue cycle expert will provide state-specific training on policies, procedures, and best practices for billing and reimbursement of IPP LARC at your hospital. **Potential audience:** revenue cycle managers or any staff involved in the coding and billing process for IPP LARC at your hospital.

Score \_\_\_\_\_

### OPTION 4: The Role of Nursing in Immediate Postpartum LARC Implementation

This session will highlight and explain the role of nurses in providing IPP LARC. Participants will learn about research and clinical guidance on IPP LARC, potential barriers to IPP LARC provision, and recommendations for patient-centered contraceptive counseling. **Potential audience:** L&D nursing staff and postpartum nursing staff.

Score \_\_\_\_\_

### OPTION 5: Contraceptive Counseling for the Postpartum Period

It is essential to ensure that all women can access the full range of contraceptive methods in the postpartum period, free from coercion. Healthcare professionals play a critical role in empowering women to choose the best method for them. This session will provide information on the importance of patient-centered postpartum contraception and how to engage patients in these conversations. Specific strategies for patient-centered contraceptive counseling will be discussed. **Potential audience:** OBGYNs, nursing staff, hospitalists, or any staff interacting with patients in the antenatal or postpartum periods.

Score \_\_\_\_\_

### OPTION 6: Postpartum Contraception and Breastfeeding

Participants will discuss ACOG and MEC recommendations for IPP LARC and breastfeeding, as well as the most up-to-date research in the field on breastfeeding and postpartum contraception. This session will provide background information on all methods available for postpartum contraception and key strategies for patient-centered contraceptive counseling. **Potential audience:** lactation consultants or any staff interested in learning about breastfeeding and/or postpartum contraception.

Score \_\_\_\_\_



Please note which training(s) you recommend for your hospital, including the score assigned on the front page, those needing training (e.g., nursing staff, pharmacy, revenue cycle managers, clinicians), and an estimated number of participants.

### Selection of Training Options

Training Option	Score	Preferred Audience(s)	Estimated Number of Participants
<input type="checkbox"/> <b>Option 1:</b> Building Capacity to Implement Immediate Postpartum LARC			
<input type="checkbox"/> <b>Option 2:</b> Immediate Postpartum LARC for Clinicians Doing Deliveries			
<input type="checkbox"/> <b>Option 3:</b> Revenue Cycle for Immediate Postpartum LARC			
<input type="checkbox"/> <b>Option 4:</b> The Role of Nursing in Immediate Postpartum LARC Implementation			
<input type="checkbox"/> <b>Option 5:</b> Contraceptive Counseling for the Immediate Postpartum Period			
<input type="checkbox"/> <b>Option 6:</b> Postpartum Contraception and Breastfeeding			

### Estimated Training Timeline

Milestone	Month 1	Month 2	Month 3	Month 4	Month 5	Month 6	Month 7	Month 8	Months 9+
<b>Step 1:</b> Onboarding with Choose Well									
<b>Step 2:</b> Initial call and site visit with ACOG									
<b>Step 3:</b> Identify and individualize training needs									
<b>Step 4:</b> Identify trainers and schedule trainings									
<b>Step 5:</b> Onsite training									
<b>Step 6:</b> Follow-up support									