

Reducing Catheter-Associated Urinary Tract Infections



Over 900,000 patients develop catheter-associated urinary tract infections (CAUTI) in U.S. hospitals each year. Most hospital clinicians realize that the use of urinary catheters is the dominant risk factor for health care-associated UTI and that it should be minimized. However, minimizing the use is challenging. The best methods vary not only from hospital to hospital, but potentially from unit to unit as well.

Thus, one of the areas of focus for the PfP initiative is to reduce CAUTI.

New educational program

As part of our HEN goals, VHA partnered with nationally recognized CAUTI prevention leader, Sanjay Saint, MD, MPH, to provide a new CAUTI reduction resource that helps you identify the barriers at your organization. Through this four-part program you learn strategies and practices to make sustainable performance improvements in your organization. Presented by Dr. Saint, each session focuses on different aspects of CAUTI prevention and provides actionable strategies to prevent CAUTI and improve outcomes.

Program and materials offered at no cost

Tool	Access
Four-part program	www.vha.com/pfpes/CAUTI
Supporting tools and resources	www.catheterout.org

Part 1: Enhancing patient safety by disrupting the lifecycle of the urinary catheter

Dr. Saint kicks off the series discussing the lifecycle of the urinary catheter including use of catheters in the emergency department, proper insertion techniques and timely removal of indwelling catheters. You will also learn conditions for when to avoid using catheters.

Part 2: Addressing socio-adaptive elements in CAUTI reduction

Engaging physicians and nurses is critical in reducing CAUTIs. In this session, you learn how to overcome barriers and the factors that influence sustainability. You also learn about “anchoring bias” and how you can use it to affect change.

The Partnership for Patients (PfP) is a Centers for Medicare & Medicaid Services (CMS) supported public-private partnership working to improve the quality, safety and affordability of health care for all Americans.

The PfP goals are a 40% reduction in hospital-acquired conditions and a 20% reduction in hospital readmissions. Participants aim to reach these goals nationwide within three years, concluding December 2014.

At VHA, we work every day to ensure the ongoing success of our membership—not-for-profit health care organizations. That’s why we are serving as a CMS designated Hospital Engagement Network (HEN)—along with 25 other HENs—as part of the PfP initiative.



Hospital Engagement Network



Urinary tract infections represent at least 30% of all health care-associated infections, with the vast majority due to the use of indwelling urinary catheters.

Part 3: The role of leaders and followers in preventing infection

Getting buy-in from leaders is crucial to preventing health care-associated infections, and there may be times when you are met with resistance. In this session, you learn the key behaviors of infection prevention leaders and how to overcome active resistance. You also learn about organizational “constipators” and how you can keep them from derailing your efforts.

Part 4: The seven steps to preventing CAUTI

Participants learn a seven-step plan to reduce CAUTIs, including the need for creating a culture of excellence. We also review highlights from the previous programs including:

- Lifecycle of the urinary catheter
- Role of socio-adaptive behavior
- Protocols for using indwelling catheter

To receive credit for this four-part educational series, go to www.vha.com/pfpes/CAUTI and register to complete the post-test and program evaluation.

Joint Accreditation Statement:

In support of improving patient care, VHA Inc. is accredited by the American Nurses Credentialing Center (ANCC), the Accreditation Council for Pharmacy Education (ACPE), and the Accreditation Council for Continuing Medical Education (ACCME), to provide continuing education for the healthcare team.

Designation Statements:

NURSING

This program is designated for 1.00 hour.

VHA Inc. is approved by the California Board of Registered Nursing, Provider Number CEP12580, for 1.20 contact hours.

PHYSICIAN

VHA Inc. designates this enduring material activity for a maximum of 1.00 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

CEU

VHA Inc. will award CEUs to each participant who successfully completes this program. The CEU is a nationally recognized unit of measure for continuing education and training programs that meet certain criteria (1 contact hour = .1 CEU).



Sanjay Saint, MD, MPH

A nationally recognized leader in preventing CAUTI, Dr. Saint is currently on the leadership team of a federally funded project to reduce CAUTI across the United States.

Dr. Saint is the George Dock Professor of Internal Medicine at the University of Michigan, the Director of the VA/ University of Michigan patient safety enhancement program and the Associate Chief of Medicine at the VA Ann Arbor Medical Center.

If you have questions or would like more information, contact VHA HEN administration at HEN@vha.com or 972.830.0609.

